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My name is Zachary THOMAS Perce. THIS IS a little about my life, my journey, how I was introduced to a new way of life AND a new way of thinking. I grew up in a very dysfunctional home, with a lot of fighting and alcohol and drug use. My Mother had me very young, and was still caught up in heavy drinking as I got older. My Mom discovered she could get pain pills, due to her having back pain. AND that is when life got interesting. Mom got very addicted to pain killers and I started taking them with her, growing up since about 13 all I was interested in was partying and having what I thought was fun with other people. THIS led to HEAVY ALCOHOL AND drug use. I HAD no clue about any type of spirituality or what my purpose was. All this alcohol and drug use led to criminal behavior and eventually at age 18 landed me in prison. I am now 23 and have only been home 45 days in the last 5 years. I was very bitter and very angry. My emotions controlled my life. But I now see this all as a learning experience AND something THAT WAS NECESSARY for me to build on my soul. Because in my travels I met a man named Melvin Morse, AND he introduced me to something that I HAVE

Looking at my whole life, THAT IS THE path  
 2 Enlightenment, Meditation, AND Buddhism, I have  
 learned so much through my time around Mr. Morse  
 How I was letting my emotions control my life  
 WE HAVE HAD MANY one on ones AND HE HAS  
 Taught me Meditation how 2 live in the now  
 How to quiet my mind. I am so much happier now  
 that I have discovered this way of living.  
 I have received many books from him such  
 as, my 2 favorite THE NOBLE 8 FOLD PATH, AND  
 Turning Adversity Into Hope AND Courage. I cant  
 explain how much better my life is. I get VERY  
 Strong feelings WHEN I'm reading these books.

For a long time I HAVE SEARCHED for my place  
 with spirituality. THE FIRST TIME I came to prison  
 I read the Bible, AND HAVE HAD MANY talks with  
 many people, trying to understand the religion.

WHAT I love ABOUT THE path is THAT there is  
 not thing to try to understand, you just feel  
 it you feel the truth inside you when your  
 reading AND meditating. I get lots of excitement  
 and happiness WHEN I'm reading. you dont  
 need any Blind Faith. WHEN you walk it you feel  
 it, I feel like I have found something I was  
 meant to know about, it has opened my mind and  
 broadened my horizons so much... I WAS SO confused  
 and now I get pieces of understanding. through

Sessions with who I now call my spiritual advisor,  
 Mr. Morse I AM understanding how 2 CHANNEL MY Emotions,  
 Recognize where they are coming from AND embracing  
 them. I cannot express my gratitude enough, for  
 someone who took the time out for helps me  
 UNDERSTAND what was going on inside me. I  
 have identified so many things in my life that  
 were buried deep, AND were causing infection  
 in my life. Nothing excites me more than  
 continuing my path to liberation. I am so  
 grateful that my journey led me here  
 AND I crossed paths with Mr. Morse. Its such  
 a gift to even know about mindfulness  
 universal love, AND everything ABOUT the Dharma,  
 I Blows MY MIND WHEN I LOOK BACK AND SEE HOW  
 LOST I WAS, HOW DISTORTED MY VIEWS WERE, THIS  
 IS A CONSTANT WORK IN PROGRESS everyday and I  
 try to do something to stimulate my mind everyday  
 often. I sit with Mr. Morse AND do a session  
 of remote viewing, THE first time I did it, it  
 Blew my mind. I really helps you just let  
 things happen, open your mind, AND embrace your  
 thoughts, you see things as they are, a wonderful  
 Experience everytime.

I AM currently practicing keeping my  
 mind with my body, walking Meditation, Having  
 a spiritual advisor has been a huge help in

My experiences so far, I tend to over think things alot and just having someone to sit down and talk with to get ideas on what to do helps alot everyday. I cant even explain how excited I am about what I have discovered, it has put my life into perspective, made alot of things make sense. I think identifying alot of the core issues I have from growing up, that I would have never thought twice about have helped me alot

I am still very very busy in my walk.

But I now am aware and determined to walk the noble path and attain true happiness, hopefully someone reads this and decides to head up on the path of girth a slut, now I want to share with everyone what was shared with me. Search 4 a MAINSTAY AND all the inner qualities you can find.  
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